

Michael Kinsey, Ph.D.

Licensed Clinical Psychologist
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Contact Information

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Education

- The New School for Social Research New York, NY Ph.D. Clinical Psychology 2018
Dissertation Title: *Video Feedback in the Group Attachment-Based Intervention: Inferring therapeutic action through a text analysis of two conditions of group therapy*
- The New School for Social Research New York, NY M.A. Research Psychology 2013
Thesis Title: *Therapeutic Action in Video Feedback: A Thematic Analysis of the Group Attachment-Based Intervention*
- Foothill College Los Altos Hills, CA A.A. Psychology 2011
- De La Salle University-Manila Manila, Philippines M.A. Teaching English Language 2009
- Northwestern University Evanston, IL B.S. Communication Studies 2003

Awards & Honors

- New York Psychoanalytic Society & Institute Fellowship 2017 - 2018
- New School for Social Research Teaching Fellowship 2014 & 2017
- New School for Social Research Dean's Fellowship 2013 - 2018
- New School for Social Research Tuition Scholarship 2011 & 2012
- Foothill College Certificate of Excellence in Psychology 2011
- APA Excellence in Psychology Award 2010
- Foothill College Dean's List 2010 & 2011
- De La Salle University Dean's List 2008
- Northwestern University Dean's List 2001

Research Interests & Clinical Specialties

- Psychoanalysis & Psychodynamic Psychotherapy
- Personality Disorders & Character-based Pathology
- Clinical Supervision
- Trauma
- Men's Issues & Adult developmental delays
- Professional performance
- Adolescent adjustment and behavioral issues
- Symbolic expression of the unconscious
- Parent-child attachment & Parenting difficulties
- Diagnostic & Personality Assessment
- Clinical Uses of Video

Clinical Experience

Private Practice, New York, NY

Clinical Psychologist

July 2019 - Present

- Opened a private practice business for individual adults, adolescents, couples, and groups on the Upper West Side
- Manage all clinical and business affairs for personal practice

Williamsburg Therapy Group, Brooklyn, NY

Staff Psychologist

July 2019 - Present

- Transitioned into staff psychologist role after being hired midyear as a postdoctoral fellow
- Maintain a large caseload of private practice patients, including individual adults, couples, and adolescents, while receiving clinical supervision from staff psychologist peers

Postdoctoral Fellow

February 2019 - July 2019

- Hired midyear as a postdoctoral fellow to see private patients for individual psychotherapy during night and weekend hours
- Maintained a caseload of 10 private practice patients, including individual adults, couples, and adolescents, receiving clinical supervision from staff psychologists

Group Practice, New York, NY

Postdoctoral Fellow

September 2018 - February 2019

- Received mentorship on beginning a private practice from mentor, Peter Glick, Ph.D.
- Recruited and maintained a caseload of 4 private patients, receiving clinical supervision from Dr. Glick

Lenox Hill Hospital, New York, NY

Postdoctoral Fellow

July 2018 - June 2019

- Provided long-term individual psychotherapy for a demographically and diagnostically diverse population of children and adults
- Provided long-term family and couples therapy for a demographically and diagnostically diverse population
- Completed a year-long training rotation in inpatient psychiatry, working closely with multidisciplinary team, administering personality testing batteries, and consulting on high-risk cases
- Led two cycles of outpatient DBT skills groups
- Acted as primary supervisor on two psychotherapy cases for PhD-level psychology extern
- Participated in Perinatal Mood and Anxiety Disorders (PMAD) outpatient program for new and expecting mothers
- Attend and participated in weekly didactic seminars, high-risk meetings, staff meetings and training rounds
- Received 8+ hours of weekly supervision spanning multiple modalities and theoretical orientations
- Maintained necessary clinical documentation and carried out clinically-indicated outreach, multidisciplinary communication, and case management

Psychology Intern

July 2017 - June 2018

- Provided long-term individual psychotherapy for a demographically and diagnostically diverse population of children and adults
- Provide long-term family and couples therapy for a demographically and diagnostically diverse population
- Led inpatient & outpatient process groups as well as outpatient DBT skills group
- Completed 6-month training rotation on consultation liaison, working closely with multidisciplinary team
- Completed 6-month training rotation in inpatient psychiatry, working closely with multidisciplinary team
- Participated in Perinatal Mood and Anxiety Disorders (PMAD) outpatient program for new and expecting mothers
- Attended and participated in weekly didactic seminars, high-risk meetings, staff meetings and training rounds
- Completed Neuropsychological testing batteries with children through Center for Attention and Learning
- Received 8+ hours of weekly supervision spanning multiple modalities and theoretical orientations
- Maintained necessary clinical documentation and carried out clinically-indicated outreach, multidisciplinary communication, and case management

World Trade Center Mental Health Program, Mount Sinai School of Medicine New York, NY

Psychology Extern

July 2016 - June 2017

- Provided long-term individual psychotherapy for 9/11 first-responders and rescue workers
- Completed weekly intakes, collaborating closely with staff psychiatrist
- Completed extended assessments with patients with complex symptom presentations
- Attended and participated in weekly didactic seminars, intake conferences, staff meetings and group supervisions
- Received intensive supervision on individual cases and extended assessment referrals
- Maintain necessary clinical documentation and carried out clinically-indicated outreach, multidisciplinary communication and case management

Bronx Lebanon Hospital Center, New York, NY

Psychology Extern

September 2015 - June 2016

- Administered and scored a range of diagnostic tests to psychiatric inpatients
- Conducted clinical interviews with psychiatric inpatients
- Gathered information on patients through review of records and other sources of collateral
- Attended and participated in weekly case conferences
- Wrote integrative forensic psychological evaluations and risk assessments based on clinical impressions and multiple sources of clinical data
- Participated in individual and group supervision sessions
- Attended and participated in didactic seminars on diagnostic assessment

Psychiatric Outpatient Services for Adults, Mt. Sinai Beth Israel Medical Center New York, NY

Psychology Extern

July 2015 - August 2016

- Provided long-term psychotherapy to a diagnostically, ethnically, and sexually diverse population
- Collaborated with multidisciplinary treatment team as indicated for optimal patient care
- Participated actively in weekly group and individual supervision

Baruch College Counseling Center, Baruch College (CUNY), New York, NY

Psychology Extern

August 2014 - August 2015

- Provided long-term individual psychotherapy for ethnically diverse university student population
- Assisted with referrals and other case management coordination/documentation
- Attended and participated in weekly didactic seminars and case conferences – Participated in individual and weekly group supervision meetings
- Maintained progress notes for all clients to ensure proper documentation of session content and interventions

Brief Psychotherapy Research Program, Mt. Sinai Beth Israel Medical Center, New York, NY

Therapist for Randomized Clinical Trial

August 2013 - May 2017

- Conducted weekly individual cognitive therapy (CBT) sessions or brief relational therapy (BRT) sessions according to research protocol
- Completed year-long didactic training in cognitive therapy
- Conducted structured clinical interviews with new intakes (SCID I, SCID II, & AAI)
- Participated in weekly supervision in cognitive therapy or brief relational therapy according to research protocol
- Completed participant interviews, questionnaires, measures, and tasks according to project requirements

Dual Diagnosis Inpatient Unit, Mt. Sinai Beth Israel Medical Center, New York, NY

Psychology Extern

August 2013 - September 2014

- Led psychotherapy process and content groups tailored to the inpatient context – Attended and participate weekly interdisciplinary rounds
- Participated in weekly group supervision meetings
- Attended unit activities such as case conferences

The Lieber Clinic, Columbia University Medical Center, New York, NY

Recovery Coach

August 2012 - September 2013

- Helped patients meeting criteria for various psychotic disorders devise strategies, techniques, or adaptations that enable them to be as independent as possible
- Assisted patients to develop efficacy in daily living needs, personal care skills, transportation, interpersonal and communication skills, money management, and recreation

Center for Babies, Toddlers and Families, Albert Einstein College of Medicine Bronx, NY

Clinical Trainee

June 2012 - August 2012

- Assisted in the delivery of Group Attachment-based Intervention to at-risk mothers/fathers and their young children (age 0-3) – Captured, selected and edited video to be used in prescribed weekly video feedback sessions with parents

Clinical Psychology Department, The New School for Social Research, New York, NY

Front Desk Attendant

November 2011 - June 2012

- Guided new patients through intake process
- Provided supportive presence to patients in crisis and directed them to the appropriate emergency resources
- Coordinated patient meetings with clinicians for therapy sessions

Zen Hospice Project, Laguna Honda Hospital, San Francisco, CA

Volunteer Caregiver

October 2010 - July 2011

- Provided practical, emotional and spiritual support to underserved men and women with cancer, dementia, AIDS and other terminal illnesses

Seneca Center Community Treatment Facility, S.F. General Hospital San Francisco, CA

Overnight Counselor

March 2010 - June 2011

- Provided counseling and supervision to severely emotionally disturbed youth – Supervised youth in completion of bedtime and morning routines
- Completed incident reports and treatment notes
- Assisted youth in taking medication as needed
- Implemented clients' behavioral modification program, including intervening in times of crisis
- Completed paperwork and all necessary records (e.g. medication chart, petty cash, allowance distribution, etc.)

Research Experience

Center for Attachment Research, The New School for Social Research, New York, NY

Center Directors: Miriam Steele, PhD & Howard Steele, PhD

Research Assistant

September 2011- June 2013

- Led lab group focused on the clinical use of video in the Group Attachment-Based Intervention
- Provided video content for clinician training and conference presentation
- Assisted in administration and organization of seminar on mentalization-based approaches to psychotherapy
- Presented research on video feedback to mental health professionals attending seminar on mentalization-based approaches to psychotherapy
- Drafted grant proposal for new project on clinical screening of families at risk for child maltreatment
- Assisted in data collection for all lab projects, including administration and filming of attachment-based assessments (e.g. Strange Situation, AAI, PDI, Story Stems, Delay of Gratification, etc.)
- Transcribed clinical interviews, such as the Adult Attachment Interview and the Parent Development Interview
- Coded Parent Development Interviews for use in lab projects
- Wrote content related to group and video for the official manual of the Group Attachment-Based Intervention

Center for Babies, Toddlers and Families, Albert Einstein College of Medicine Bronx, NY

P.I.: Anne Murphy, PhD

Research Assistant

June 2012 - August 2014

- Assisted in data collection for the RCT of Group Attachment-Based Intervention funded by HRSA
- Captured, selected and edited video to be used in weekly video feedback sessions with parents
- Assisted in leading weekly group to discuss issues related to treatment and clinical trial
- Presented on how to deliver video feedback to members of NYC mental health community during annual Group Attachment-Based Intervention training

Sociology Research Project, Stanford University Stanford, CA

P.I.: Bogdan State, PhD

Research Assistant

September 2010 - February 2011

- Transcribed ethnographic interviews for a project on interpersonal trust

ESL Education Research Project, De La Salle University-Manila, Manila, Philippines

P.I.: Leah Gustillo, PhD

Research Assistant

October 2008 - December 2008

- Analyzed and coded grammatical errors in samples of academic writing for a project on college-level ESL academic writing

Academic Service

The New School Psychology Bulletin (NSPB), The New School for Social Research, New York, NY

Editor

June 2012 - August 2013

- Managed all aspects of the journal, including reviewer recruitment and selection, reviewer and author training, fundraising and budgeting, manuscript solicitation, and facilitating the review and revision process
- Worked closely with authors to improve their manuscripts and guide revisions, made editorial decisions at each phase of the process and communicate them through action letters, and provided feedback at all stages of the process
- Worked closely with peer-reviewers to provide feedback on initial peer-reviews and as necessary throughout their tenure with NSPB, and provided ongoing training opportunities to reviewers as needed, including providing them with copies of all editorial decisions and action letters
- Revised and created training materials as necessary
- Conducted ongoing efficacy research on NSPB initiated in 2010/2011 for conference presentation
- Presented at conferences to continue NSPB's networking and outreach efforts

Reviewer

September 2011 - June 2012

- Reviewed academic articles across all branches of psychology submitted for publication
- Offered manuscript recommendations to editors based on evaluations of content, style and length
- Received extensive personalized guidance, feedback and training on peer-review process throughout tenure on the editorial board

Posters, Conference Presentations & Publications

XXIInd Congress of the International Society of Rorschach and Projective Methods, Eliciting Positive Symptoms of Schizophrenia Using R-PAS in a case of first-break Psychosis (2017)

7th International Attachment Conference, Therapeutic Action in Video Feedback: A Thematic Analysis of the Group Attachment-Based Intervention ° (2015)

2015 Biennial Society for Research on Child Development, Therapeutic Action in Video Feedback: A Thematic Analysis of the Group Attachment-Based Intervention °

Steele, M., Steele, H., Bate, J., Knafo, H., Kinsey, M., Bonuck, K., ... & Murphy, A. (2014). Looking from the outside in: the use of video in attachment-based intervention °. *Attachment & human development*, 16(4), 402-415.

24th Greater New York Conference on Behavioral Research, The importance and efficacy of training in graduate student publishing (2012)

Murphy, A., Steele, M. & Steele, H., et al. (2012) Group attachment-based intervention ° (GABI °). Unpublished Manuscript. The New School for Social Research & Albert Einstein College of Medicine.

Teaching & Educational Experience

The New School for Social Research, New York, NY <i>Teaching Fellow (Fundamentals in Personality)</i>	January 2017 - June 2017
The New School for Social Research, New York, NY <i>Teaching Assistantship (Diagnostic Assessment I & II)</i>	August 2016 - June 2017
The New School for Social Research, New York, NY <i>Teaching Fellow (Abnormal Psychology)</i>	August 2014 - December 2014
The New School for Social Research, New York, NY <i>Teaching Assistant (History & Systems)</i>	January 2013 - June 2013
California State University, East Bay, Hayward, CA <i>IELTS Examiner</i>	February 2010 - June 2011
The British Council, Manila, Philippines <i>IELTS Examiner</i>	October 2008 - December 2009
De La Salle University-Manila, Manila, Philippines <i>Lecturer</i>	May 2008 - September 2008

Native English, Quezon City, Philippines
English Teacher

December 2007 - Dec. 2009

Seoul Language Institute, Ilsan, South Korea
English Teacher
2007

May 2005 - November

Clinical Research Training

- Adult Attachment Interview Institute, University of Minnesota
Trained by June Sroufe, PhD, *Reliable Coder*
- Reflective Functioning Training, The New School for Social Research
Trained by Howard Steele, PhD, *Reliable Coder*
- Story Stems Attachment-Focused Coding System, The New School for Social Research
Trained by Allison Splaun, PhD, *Reliable Coder*

Professional Affiliations

American Psychological Association for Graduate Students	2011 - 2016
Psychoanalysis (APA Division 39)	2015 - 2016
Evaluation, Measurement & Statistics (APA Division 5)	2012
Developmental Psychology (APA Division 7)	2012
Psychotherapy (APA Division 29)	2012
International Psychology (APA Division 52)	2012
Society for Humanistic Psychology (Division 32)	2011

Languages

- Native Language: English
- Intermediate: French
- Basic: Tagalog, Korean